



# September

## Saturday Class Instructor Schedule

	<b>Group Power</b>	<b>Cardio Sculpt</b>	<b>Pilates</b>	<b>Spinning</b>
<i>Class Times/Dates</i>	<i>7:00-8:00am (Gym)</i>	<i>8:15 – 9:15am (Bayview)</i>	<i>9:30-10:30am (Bayview)</i>	<i>8:15-9:15am (Spin Room)</i>
<i>September 2nd</i>	Kaitlyn	Veronica	Veronica	Stephanie
<i>September 9th</i>	Diana	Rebecca	Veronica	Colleen
<i>September 16th</i>	Diana	Rebecca	Ruth	Adrina
<i>September 23rd</i>	Kelley	Veronica	Angela	Gina
<i>September 30th</i>	Diana	Rebecca	Michelle	Stephanie

