

# Child Care

## PCC Child Care Information Sheet for Parents

Our goal is to provide a safe, happy environment for your children so that you may relax and enjoy yourself at PCC. We have formulated the following guidelines to help us achieve this goal:

1. PCC Child Care is available for members and guests using the Community Center. Parents must remain on the premises at all times while children are in Child Care.
2. Healthy children only, please! Children with any sign of illness will not be accepted. If child appears ill or inconsolable after arrival, parent will be paged over the intercom and is expected to come to the Child Care room immediately.
3. Children must be ages 3 months - 6 years old to be in Child Care.
4. Please do not exceed the 1 hour maximum time limit for ages 3 to 11 months old. Children of this age require 1 on 1 care, which our program is not designed to handle beyond 1 hour.
5. Please do not exceed the 2.5-hour maximum time limit for ages 12 months - 6 years old. Children get bored, cranky and more difficult to manage after 2.5 hours of being in same place.
6. Please check-in at both the Center's front desk and the Child Care's front desk. Also, please have your child's name somewhere on the outside of the diaper bag so we can quickly identify which one is yours.
7. Special instructions for the child can be described to the Child Care worker during "drop-off". At this time, let the worker know if your child has any allergies or if you prefer we do not offer them a snack.
8. We prefer that you use disposable diapers. We do not have the necessary facilities to handle cloth and our caregivers change disposable diapers only. You may choose to bring your child in cloth diapers if you are willing to be paged to change your own child's diapers.
9. Please do NOT bring toys from home. You may leave a blanket with your child.
10. Please do NOT bring food from home unless your child has a food allergy. We will provide snacks at specific "snack" times. Infant bottles and sippy cups are all right as a comfort measure. Please adhere to your child's actual feeding schedule at home. We cannot feed them their regular meals. Also, please do not allow children to come to Child Care with gum.

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11. As a member of the Community Center, child care fees will be placed on your account. You may pay off your balance at any time at the Front Desk. Non-members must pay by cash or check to the Front Desk the day of their visit.
12. Many children go through a biting phase. If your child bites another person, we will let you and the other child's parents know about the incident. On the 3rd incident of the child biting another person, we will ask that your child take a 2 week break from coming to Child Care. After that time, the child is welcome back. If they bite again, then we will take another 2 week break. This continues until the child no longer bites others.
13. If you are participating in the Center's Running Club you must have your cell phone with you
14. during the entire session so we can reach you (make sure your cell # is in our system).
15. Please visit our [website](#), for [Child Care hours and schedule of fees](#).