

President's Day Center Hours

Center, 10am-10pm

Pools & Saunas, 10am-9:30pm

Fitness

Special Group Ex President's Day Schedule (Monday, February 19, 2018)

5:45 - 7:00am - Health Enhancement w/ Jobella, Bayview Room

8:30 - 9:15am - H2O Boot Camp Express w/ Diana, Pool

8:30 - 9:15am - Spinning w/ Colleen, Spin Room

8:30 - 9:30am - Zumba w/ Lori, Bayview Room

9:00 - 10:00am - Circuit Cardio/Strength Boot Camp w/ Dawn + Meredith, Gym

9:40 - 10:40am - Cardio Lite + Core w/ Michelle, Bayview Room

11:00 - 12:00pm - Pilates w/ Monique, Bayview Room

Aquatics

PCCA Swim Team

No Color Group Practices on Monday, 2/19 & Tuesday, 2/20

No Select Group practices on Monday, 2/19 - Tuesday, 2/20 TBD

Masters

No Masters Practices on Monday, 2/19

Tennis

Youth Tennis - No Classes 2/19-2/22 - Presidents Week

Adult Tennis - Regular schedule
